

spring break is coming...

February 20 – April 6

INTERMEDIATE



READING THE MENU BREAKFAST:
Traditional Breakfast is listed in purple

Canyon ISD Meal Prices 2017-2018

BREAKFAST Student & Child Visitors\$1.30
Reduced30¢
Faculty/Staff & Adult Visitors\$1.90

LUNCH

Elementary (K-4th)	...\$2.10
Students 5th-12th	...\$2.30
Reduced40¢
Faculty/Staff\$3.00

LOOK for FUEL days and check out new entrées!

side items

items rotate and may be substituted based on availability/seasonality

- Baby Carrots • Campfire Pinto Beans • Corn • Creamy Coleslaw • Cucumber & Tomato Salad • French Fries • Fresh Broccoli • Fresh Cantaloupe • Fresh Grapes • Fresh Plum • Fresh Strawberries • Fresh Tomato Wedges • Fresh Watermelon • Fresh Zucchini • Fruit Mix • Garden Side Salad • Green Beans • Kickin' Pinto Beans • Mandarin Oranges • Mashed Potatoes • Mixed Vegetables • Orange Glazed Carrots • Pineapple Tidbits • Potato Salad • Red Pepper Strips • Roasted Zucchini Squash • Seasoned Corn • Spinach & Strawberry Salad • Steamed Broccoli • Steamed Carrots • Steamed Green Beans • Sweet Potato Fries • Sweet Potato Tots • Tater Tots • Apple Juice • Fruit Juice • Grape Juice • Orange Juice • 1% Milk • Chocolate Milk

Menu is subject to change without notice. Menu subject to availability and seasonality of items. Breakfast entrées are listed in italics. Fresh Fruits and/or fruit juice are available everyday with milk. Student must choose a fruit and two more items at breakfast. Lunch entrées are bold and include Fresh Fruits & Veggies (rotating items listed below calendar) and choice of milk daily.

- GO!
- SLOW
- WHOA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEB 19 STUDENT HOLIDAY	<i>Pancake-on-a-Stick Cereal or Hot Oatmeal</i> FEB 20 Cajun Meatball Stew • w/Roll • Chicken Sandwich • Ham & Cheese Sandwich	<i>Breakfast Pizza Assorted Cereals</i> FEB 21 Oriental Chicken • w/Broccoli & Rice • Hamburger/Cheeseburger • Romaine & Cheese Salad • w/Roll	<i>French Toast Sticks Cereal or Hot Oatmeal</i> FEB 22 Spaghetti Carbonara • w/Bacon & Chicken • Hot Dog • SunButter & Jelly Sandwich	<i>Ham, Egg & Cheese Flatbread Assorted Cereals</i> FEB 23 Cheese Pizza • Fish Melt Sandwich • Ham Chef Salad • w/Roll
<i>Bacon, Egg & Cheese Flatbread Assorted Cereals</i> FEB 26 Salisbury Steak • w/Gravy • & Noodles • Chicken Nuggets • w/Bstick • Diced Chicken Salad • w/Cheese • & Roll	<i>Kolaches Cereal or Hot Oatmeal</i> FEB 27 Chicken Nugget • & Country Gravy • Bowl w/Tortilla Crisps • Chicken Sandwich • SunButter & Jelly Sandwich	<i>Scrambled Eggs, Hashbrowns & Toast Assorted Cereals</i> FEB 28 ChiliMac Pasta • w/Bstick • Hamburger/Cheeseburger • Fresh Apple & Cheese Plate • w/Cinnamon Tortilla Crisps	<i>Banana Muffin Cereal or Hot Oatmeal</i> MAR 1 Roast Turkey • w/Stuffing • & Gravy • Hot Dog • Ham & Cheese Sandwich	<i>Waffle & Syrup Assorted Cereals</i> MAR 2 Cheese Pizza • Chicken • PhillySteak Sandwich • Popcorn Chicken Salad • w/Goldfish
<i>Chocolate Glazed Donut Assorted Cereals</i> MAR 5 Pancakes • & Sausage • Chicken Nuggets • w/Breadstick • Kickin Pinto' Salad • w/Tortilla Crisps	<i>Sausage, Egg & Cheese Burrito Cereal Oatmeal</i> MAR 6 Fish Sticks • w/Mac & Cheese • Chicken Sandwich • Ham & Turkey Sandwich	<i>French Toast Sticks Assorted Cereals</i> MAR 7 Breaded Chicken Drumstick • w/Corn Muffin • Hamburger/Cheeseburger • Beef Nacho Salad • w/Tortilla Chips	<i>Breakfast Pizza Cereal or Hot Oatmeal</i> MAR 8 Bean & Rice Tortilla Bowl • Hot Dog • SunButter & Jelly Sandwich	<i>Biscuits & Gravy Assorted Cereals</i> MAR 9 Pepperoni Pizza • Sloppy Joes • Popcorn Chicken Salad • w/Roll

March 12 – 16 • SPRING BREAK! • Have a fun and safe week!

<i>Waffle & Syrup Assorted Cereals</i> MAR 19 Meatloaf • w/Gravy • & Roll • Chicken Nuggets • w/Breadstick • Fruit, Cheese & Yogurt Platter • w/Cinnamon Tortilla Crisps	<i>Bacon, Egg & Cheese Flatbread Cereal or Hot Oatmeal</i> MAR 20 Popcorn Chicken Bowl • w/Mini Pretzels • Chicken Sandwich • SunButter & Jelly Sandwich	<i>Pancakes & Syrup Assorted Cereals</i> MAR 21 Cheesy Penne Pasta • Hamburger/Cheeseburger • Ham & Turkey Cobb Salad • w/Roll	<i>Kolaches Cereal or Hot Oatmeal</i> MAR 22 Chicken Tater Nacho Bites • w/Tortilla Chips • Hot Dog • Turkey Sandwich	<i>Biscuits & Gravy Assorted Cereals</i> MAR 23 Cheese Pizza • BBQ Rib on a Bun • Popcorn Chicken Salad • w/Roll
<i>Ham, Egg & Cheese Burrito Assorted Cereals</i> MAR 26 Mozzarella Cheese Sticks • w/Marinara Sauce • Chicken Nuggets • w/Bstick • Chicken Chef Salad • w/Roll	<i>Pancake-on-a-Stick Cereal or Hot Oatmeal</i> MAR 27 Cajun Meatball Stew • w/Roll • Chicken Sandwich • Ham & Cheese Sandwich	<i>Breakfast Pizza Assorted Cereals</i> MAR 28 Oriental Chicken • w/Broccoli & Rice • Hamburger/Cheeseburger • Romaine & Cheese Salad • w/Roll	<i>French Toast Sticks Cereal or Hot Oatmeal</i> MAR 29 Spaghetti Carbonara • w/Bacon & Chicken • Hot Dog • SunButter & Jelly Sandwich	STUDENT HOLIDAY MAR 30
STUDENT HOLIDAY APR 2 Weather Day if needed	<i>Kolaches Cereal or Hot Oatmeal</i> APR 3 Chicken Nugget • & Country Gravy • Bowl w/Tortilla Crisps • Chicken Sandwich • SunButter & Jelly Sandwich	<i>Scrambled Eggs, Hashbrowns & Toast Assorted Cereals</i> APR 4 ChiliMac Pasta • w/Bstick • Hamburger/Cheeseburger • Fresh Apple & Cheese Plate • w/Cinnamon Tortilla Crisps	<i>Banana Muffin Cereal or Hot Oatmeal</i> APR 5 Roast Turkey • w/Stuffing • & Gravy • Hot Dog • Ham & Cheese Sandwich	<i>Waffle & Syrup Assorted Cereals</i> APR 6 Cheese Pizza • Chicken • PhillySteak Sandwich • Popcorn Chicken Salad • w/Goldfish • END OF FIFTH GRADING PERIOD

THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (PK-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.

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